



## **30 WAYS TO ENCOURAGE CULTURAL EXPLORATION AT HOME**

1. Try cooking recipes from different cultures
2. Visit ethnic cultural centers and museums
3. Listen to music from different cultures
4. Read folktales from around the world
5. Shop at ethnic grocers, delis, and stores
6. Watch ethnic TV shows
7. Visit children's websites that contain information, games, stories, and activities about different cultures
8. Create art projects based on the arts of various cultures
9. Learn about, and perhaps celebrate, a new holiday
10. Sign up for a pen pal from a different country
11. Play games from different cultures or games that encourage geographic learning
12. Buy dolls and other toys that reflect different cultures
13. Browse through thrift stores for cultural artifacts and clothing from different cultures
14. Consider taking a family vacation to a new country
15. Have maps and globes handy and look up countries when mentioned on TV or in the paper
16. Tour your city's ethnic neighborhoods
17. Take a walking tour of your own neighborhood and notice how many different ethnicities are represented by the local businesses
18. Go on a scavenger hunt in your home to see where the items in your house come from
19. Display pictures and art from different cultures in your house
20. Rent family-friendly videos from different countries
21. Visit ethnic festivals and parades
22. Attend services at different churches, synagogues, mosques, and other places of worship to learn about other religions
23. Talk about different cultures at home; discourage negative stereotypes
24. Go to see a concert or performance featuring artists from different cultures
25. Read books about children in different countries
26. Attend places and events that allow you to interact with diverse populations
27. Learn to say "hello" in different languages
28. Dine out at various ethnic restaurants
29. Start a conversation with someone from a different cultural background than your family
30. Attend an international film or music festival